

ENHANCING COGNITIVE FUNCTION IN STROKE PATIENTS: THE ROLE OF HALALAN TAYYIBAN FOODS

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BACKGROUND:

The sustainability of good health and well-being is a key element in achieving the 2030 Sustainable Development Goals holistically. In realizing this aspiration in stroke patients, stroke has had a significant impact on various aspects of a patient's life, including economic, social, and religious practices, which can be seen through the diverse disabilities they experience, such as cognitive impairment. As a result, the welfare of stroke patients is often taken over by caregivers, rehabilitation specialists, and many other parties, sometimes leading to the neglect of aspects related to *halalan tayyiban* dietary practices, even though good and quality nutrition can aid in cognitive recovery. Therefore, this study will analyze how consuming halal food can improve cognitive function in post-stroke patients.

METHOD: This study uses a qualitative approach through literature review methods based on previous studies.

RESULTS & DISCUSSION: The findings of this study indicate that consuming halal food can enhance the cognitive recovery process in patients suffering from post-stroke cognitive impairment.

CONCLUSION: By identifying the functions of halal food on enhancing stroke's cognition, an effective diet can be prepared for the patients in line with shariah's guideline.

Keywords: *Stroke, Post-Stroke Cognitive Impairment, Halal Food & Cognitive Function*