

SUPPLEMENTARY FEEDING PROGRAM (PMT) FOR UNDERNOURISHED TODDLERS AT THE COMMUNITY HEALTH CENTER

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Background: Undernourished toddlers represent a vulnerable population at risk for impaired growth and weakened immunity. The *Supplementary Feeding Program* (PMT) implemented at community health centers (*Puskesmas*) serves as a strategic intervention to improve child nutritional status. This study was conducted at Tabaringan Community Health Center, a training site for medical profession program (MPPD) students of the Faculty of Medicine, Universitas Muslim Indonesia (UMI). **Methods:** This study applied a *pretest–posttest one-group design* involving 40 undernourished toddlers (aged 6–59 months) who participated in the PMT program for 8 weeks. Anthropometric measurements (weight and height) were recorded before and after the intervention. Data were analyzed using the paired t-test to determine changes in nutritional indicators. **Results:** After the PMT intervention, there was a statistically significant improvement in nutritional indicators: W/A ($p < 0.001$), H/A ($p = 0.046$), and W/H ($p = 0.021$). The proportion of children with normal nutritional status increased notably; W/A: 0% to 57%, H/A: 55% to 70%, and W/H: 25% to 40%. **Discussion:** These findings indicate that the PMT program effectively improved child nutrition within a relatively short duration. The success was primarily influenced by accurate targeting, compliance of recipients, quality of supplementary food, and supportive caregiving practices at home. **Conclusion:** The PMT program at the Tabaringan Community Health Center proved effective in improving the nutritional status of undernourished toddlers within 8 weeks. Expansion of this program with maternal education, regular monitoring, and the use of locally sourced nutritious ingredients is recommended to ensure sustainability and long-term impact. **Keywords:** Community Health Center, Supplementary Feeding Program, Toddler, Nutrition